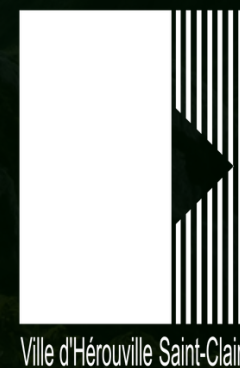


Surviving the Wild : part 2



About it

One year after the Swedish adventure, our youngsters surviving apprentices are taking the next step: 8 days in the great outdoors!

Surviving in the wild can be very complicated when you don't have the right reflexes. The idea of this exchange is to approach, in a fun way, the fundamental notions of survival, without putting the group in extreme conditions.

Make a fire, find your way, make a shelter, find something to eat, where to sleep, identify dangers... We will try, as a group, to answer these questions.

In addition to this theme, this exchange will give young people the opportunity to meet, exchange and share, once again, unforgettable moments.

Everyone's cultural differences will be the strength of this Erasmus+ group.



Seven days in nature... Together with young people from Slovenia, Italy, and France.

That's what we'll be doing this summer in Viroinval. For 8 days, together with others, aged 15 to 19, we'll experience what it's like to live outdoors. Sleeping in tents, eating under a shelter, and of course, adventurous activities are definitely part of the experience (such as outdoor cooking, building a fire, bushcraft, orienteering, and more). Don't worry—it's accessible to everyone, and everyone can take on their own challenges at their own pace.

The entire week will be in English, but you certainly don't need to speak English fluently—none of us do. The most important thing is that you can make yourself understood in English and are willing to communicate with other participants from different countries in English, even if it's not your native language.



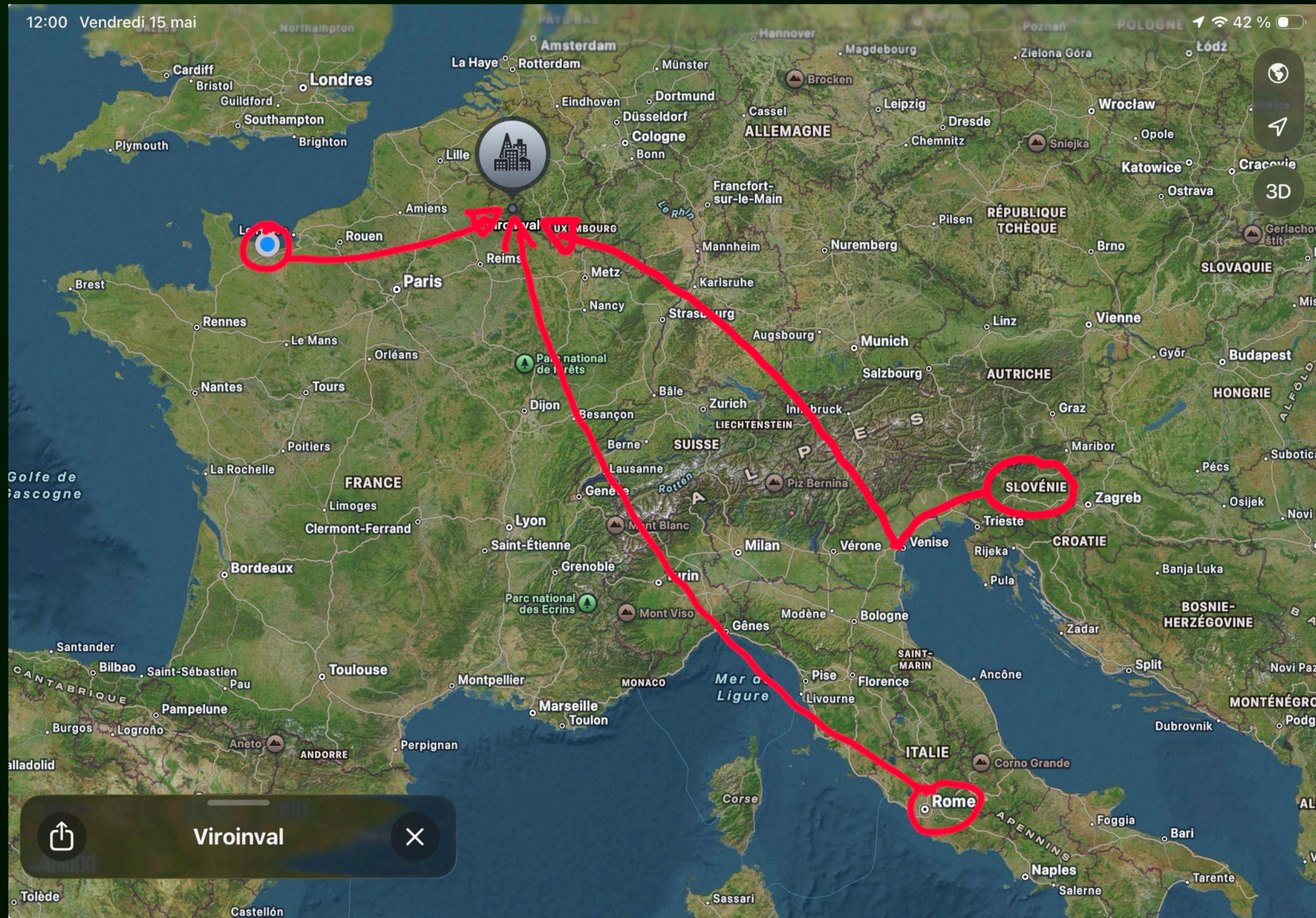
The exchange



- **DATE** : From 18 July to 25 July
- **PLACE** : VIROINVAL
- **NUMBERS OF PARTICIPANTS** : 25 YOUNGSTERS FROM 4 COUNTRIES
 - ITALY
 - SLOVENIA
 - BELGIUM
 - FRANCE
- **LEADERS** :
 - VINCENT (BELGIUM) questions: vincent@nature.be
 - TINE (BELGIUM)
 - LAURENS (BELGIUM)

 - LARA (SLOVENIA)
 - ILARIA (ITALY)
 - YANNIS (FRANCE)
 - HANA (leader's assistant)

Viroinval !? Where is it ?



What do we put in our suitcase??

CLOTHES

- Underwear
- Socks
- Pyjamas
- warm clothes (for night)
- T-shirt
- sweaters
- pants/joggings
- Shorts
- Swimsuit
- Water shoes
- Rain coat
- Hiking or running shoes
- Hand towel and bath towel (decathlon type)
- Cap / hat

ACCESSORIES

- Small backpack
- Toiletry bag
- toothbrush / toothpaste
- hygiene product
- toilets tools (washcloth)
- sun protection
- Sunglasses
- Anti mosquito / Tick
- Sleeping bag
- Mattress
- Headlamp
- External battery (optional)
- Bag for dirty laundry
- water bottle (1L minimum)
- Lunch box(for picnic)
- Kitchen towel



BEFORE TO GO

- Complete subscription file ([here](#))
- The financial contribution is 120€ (or 40€ social rate)



THE DAY OF DEPARTURE

- The 18th of July, See you at the trainstation in Mariembourg
- Bring your lunch for the first day



THE RETURN

- The 25th of July. Departure from Mariembourg at 10.50

Any questions?

ask your reference organisation
(vincent@nature.be)

See you soon